# Financial Handbook For Liver Transplant Patients

#### Beaumont Transplant Clinic Directory

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#### Transplant Financial Coordinator

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# Introduction

Welcome to the Liver Transplant Program at Beaumont. To determine your eligibility for a liver transplant, a comprehensive history will be reviewed by the transplant team. This not only includes your medical history, but your psychosocial and financial history as well. You must have and maintain an appropriate level of transplant-specific insurance coverage before, during and after the transplant. This will help protect you from unmanageable out-ofpocket expenses that may endanger the success of the transplant and/or cause serious financial hardship.

Some costs to consider:

- transplant evaluation and testing
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due to financial circumstances. Consult the transplant financial coordinator before changing insurance plans as some insurance plans may not cover transplant at Beaumont.

It is essential for the success of the liver transplant to be able to afford medical care and the prescriptions required to prevent rejection after the transplant. The transplant financial coordinator and transplant social worker will work together to assist you in identifying financial resources available to you.

You will be receiving a great deal of new information, and you may have many questions and concerns. This booklet will be helpful in answering many of your financial questions related to liver transplantation, and you should keep it for future reference. It is not meant to answer all of your questions, but we hope it will clarify many of your health insurance benefits and transplant costs.

# **Financial considerations**

The transplant financial coordinator will work with you to explain insurance benefits and assist you with financial issues related to your transplant. We encourage you to write down your questions so that they may be addressed before your transplant. The transplant financial coordinator will review the information in this booklet regarding the financial costs associated with liver transplantation to help you begin financial planning for transplant.

You will need to know how much your insurance company will pay for both the liver transplant and for the medications after transplant. It is unlikely that one single source will cover these costs. Often it is necessary to draw on savings accounts, investments, federal and private assistance options, and possibly fund raising.

#### Know what you have

Know what medical coverage and resources you already have. Health insurance, Medicare and Medicaid all provide coverage. Know the extent of your coverage and exactly what is and what is not covered.

### Who pays what?

#### Commercial insurance benefits

Commercial insurance is obtained through a work sponsored policy or an individually purchased policy. Obtain a copy of your policy's benefit statement and gather the following information:

General benefits:

- What is my yearly deductible?
- Does my insurance ever pay 100 percent of medical expenses?
- What is my maximum out of pocket? (This is the amount you must pay each year before insurance pays 100 percent.)
- What are the deductibles and insurance co-payments for hospital charges, doctor's visits and prescriptions?
- What is the lifetime maximum benefit for this policy?
- Do I need referrals for office visits, laboratory work or other procedures?

Other questions to consider:

- Are prescription medications covered?
- Is there a co-pay per prescription? At what percent?
- What is the co-pay for generic vs. brand name?
- Am I required to use certain drug stores?
- Is there a mail order option for prescriptions?
- If I must pay for medicines up front how long does it take to get reimbursed?
- Am I required to get pre-authorization for any services and/or medications?
- If I am covered under two insurance policies, which

any transplant services, your transplant center must be Medicare certified. If a center is a non-approved Medicare facility or if Medicare certification is lost, the center cannot bill Medicare for payment of the transplant. If your transplant is done in a non-Medicare approved transplant center, it could affect your ability to have immunosuppressant medications paid under Medicare Part B. Beaumont is Medicare certified for adult kidney and adult liver transplant services.

Patients have to meet certain requirements to be eligible for Medicare coverage. People with certain medical conditions, such as end stage renal disease (ESRD), are eligible to apply for Medicare. Other qualifying conditions are age and disability. If you have Medicare solely because of ESRD, your Medicare benefits will end 36 months after the month of your liver transplant.

HOSPITAL: When your primary insurer is Medicare, Medicare Part A covers hospital inpatient expenses. It will pay the hospital bill, less the amount of the inpatient deductible.

PHYSICIAN: When your primary coverage is Medicare, Medicare Part B covers physician visits and outpatient expenses. You must pay monthly premiums to have Medicare Part B. The charges you receive from your physician during your transplant hospitalization are paid at 80 percent. Outpatient clinic visits, doctor's appointments, lab work and outpatient procedures are also paid at 80 percent. You are responsible for an annual deductible and the 20 percent co-pay. MEDICATION: Patients transplanted at Medicare approved facilities and who have Medicare Part A at the time of transplant are eligible for Medicare Part B for immunosuppressant coverage. When Medicare is your primary coverage, Medicare Part B will provide 80 percent payment for your anti-rejection medications if your Medicare entitlement is based on age, end stage kidney disease or disability.

Medicare Part D prescription drug coverage is offered by private companies approved by Medicare. There are monthly premiums, deductibles, and co-pays associated with the Medicare Part D plans. These out-of-pocket cost vary with the individual plans. Your cost will also vary depending on which drugs you are prescribed, and the plan you select. In certain cases, if you have limited income and resources, you may be eligible for assistance with paying for your prescription drug cost.

If you are new to Medicare, you may apply for Medicare prescription drug plans:

- three months before to up to three months after you are first eligible for Medicare (if you are eligible based on end stage kidney disease)
- three months before and up to three months after your
  65th birthday (if you are eligible for Medicare based on age)
- three months before to up to three months after your
  25th month of cash disability benefits (if you are eligible for Medicare based on disability)

Your prescription drug coverage starts when your Medicare coverage begins. General enrollment for the Medicare prescription drug program may vary from year to year. Contact Medicare directly for the current year's open enrollment dates. The start period would be January 1 of the new year.

A more detailed explanation of the Medicare benefit is located in the government publication "Medicare and YOU" or contact Medicare directly at 800-MEDICARE (800-633-4227).

It is important to note that Medicare Part A and Part B both have deductibles and/or co-payments. There is a monthly premium for Medicare Part B. Since the patient is responsible for all premiums, deductibles and co-pays, patients often purchase Medicare Supplemental Contracts, also called Medi-Gap policies. Generally the supplemental policy follows Medicare guidelines and will pay the deductibles and co-payments which Medicare does not cover. Getting a Medicare supplement is an individual choice and the responsibility of the Medicare patient. You may call Medicare or your local insurance provider for additional information.

#### Coordination of bene ts

If you are covered by two insurance policies, one is primary and pays your expenses first, and the other pays secondary. If you have private insurance from a current job as well as Medicare, Medicare is secondary. If you have private insurance that is a retirement benefit, Medicare is primary. Medicare is always primary to Medicaid.

#### Medicaid

Medicaid covers both kidney and liver transplants. Patients with Medicaid will have either a straight fee for service coverage, or they can be assigned to a Medicaid HMO. Speak with the transplant financial coordinator/ representative about which Medicaid HMO plans are currently contracted with Beaumont for liver transplant.

HOSPITAL: Medicaid provides coverage for hospitalization, doctor's visits and laboratory work for liver transplant patients.

OUTPATIENT SERVICES: With approval, Medicaid will cover all medically necessary services to prepare a patient for a liver transplant.

PHYSICIAN: If Medicaid covers your transplant, your policy will also cover any physician charges.

MEDICATION: Medicaid will pay for prescription medications, including your immunosuppressant medications. You may be required to pay a co-payment. Your pharmacist may be required to obtain prior authorization on selected medications. Over the counter vitamins and supplements may not be covered under your plan. Medicaid is re-evaluated every six months and is provided based on financial need and/or continuing disability. Therefore, you should not count on this coverage for long-term medications.

COORDINATION OF BENEFITS: If you have both Medicare and Medicaid, Medicare will pay first and your Medicaid will pick up deductibles and co-pays that Medicare did not fully cover. If you have both commercial insurance and Medicaid, your commercial insurer will pay first.

### **General information**

Since every case is unique, we cannot T-0.08rmineur

- Family accommodations: You may contact Guest Services at 248-898-8100 for a list of local accommodations.
- Guest trays: Your family may request to eat meals with you in your room.

### Post transplant follow-up

Post transplant costs include clinic visits, lab and radiology charges, medications and other related procedures.

CLINIC VISITS: Depending on your insurance, you may require referrals for your office visit. You may be responsible for paying a percentage of your office visit charges. Ask your insurance carrier about your responsibility for your clinic visits. medications, based on your individual case. Medicare Part B does not cover these medications. If you do not have any prescription coverage, shop around for the best prices on these medications.

### Resources

There are agencies which provide funding to transplant patients in need. If you require assistance, ask the transplant social worker to assist you with finding an agency that meets your individual needs.

Some pharmaceutical (medication manufacturer) companies offer programs to assist those who are unable to afford their medications. Your transplant financial coordinator/assistant can help you apply for these programs if you qualify based on your financial status.

# Conclusion

It is important that you are familiar with your coverage under your individual insurance policy. All policies are different, so you cannot rely on word of mouth information, (i.e. your neighbor's Blue Cross/Blue Shield coverage may be different from yours even though it is with the same company). You must read your insurance policy information and follow-up with a call to your employer and /or insurance company to clarify any questions you may have. Write down the full name of s

- Bring your insurance cards with you to each visit.
- Plan early for how you will pay for expenses not covered by you health insurance.
- Do not change or cancel your health insurance without discussing it with the transplant financial coordinator/ representative.
- If you are enrolled in an HMO, secure referrals for the office visits, lab work or treatments before your appointment.
- Notify the transplant financial coordinator about any changes in your insurance, loss of insurance coverage or financial hardships.

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